



Te Kura Kaupapa Maori O Te Raki Paewhenua
Whaia Kia Mau Rawa

Te Ra: 16.3.2021

Wānanga Mauri Toa #1 - Wānanga Mau rākau
Rāmere 19 o Poutūterangi 2021

Kei hea: TKKM o Te Raki Paewhenua - 7 Ceres Court, Mairangi Bay

A hea: **Rāmere 19 o Poutūterangi 2021**

Te wa: Arrive at Kura by - 8am

Wānanga ends - 2pm

Nga taputapu: Kura uniform including shoes (for the powhiri), PE singlet and plain black shorts, running shoes, rākau, large water bottle, hat, towel and medication (**A MUST**)

Etahi atu kōrero Our Kura follows the Mau rākau Curriculum set out by Te Whare Tu Taua o Aotearoa. Each year a total of 4 wananga are held; 3 learning wananga and 1 grading wananga in Term 4. All wharekura tauira are required to attend all Mau rākau trainings (held at Kura) and wānanga from start to finish.

Mau rākau requires commitment both at Kura and home in order for tauira to achieve by gaining Pou and NCEA credits under the Mau rākau curriculum. Students need to practice at home with their rākau going through what they have learnt at training each week to become proficient at the skill level required to pass a grading.

Please note that the kura does not choose who will grade, the tauira are selected by a Pouwaru or Pouwhitu from Te Whare Tu Taua at the Mock grading wānanga. After the mock grading each tauira is given feedback to enhance their skills and in preparation for the grading wānanga at the end of the year.

Tauira are required to run upto atleast 5kms (depending on their pou) at the grading wānanga, therefore we suggest that they start running shorter distances at least twice a week and then increase over time to 5km.

Good healthy food is recommended to fuel the body. Fruit, vegetables as well as lean protein to help replenish and build muscles. Ensure that they are well hydrated at all times with water at least two weeks leading into a wānanga and also the day of the wananga.

Parents are strongly encouraged to attend all wānanga Mau rākau from start to finish especially grading wānanga in Term 4. This will give parents a better insight into the kaupapa of Te Whare Tu Taua and the Mau rākau curriculum we follow here at Kura.

Please return consent forms via email by Thursday 18th March 2021

I _____ have read and understand all the information above **YES / NO**

I give permission for _____ to attend the wānanga Mauri Toa **YES / NO**

Please provide a contact number(s) _____

Please identify any allergies or medical conditions your child may have _____

Please list any creams/medicines your child/ren will bring to the wānanga _____

Parent's Signature _____

Date _____